

A LIFE OF “FIRSTS”- A BRIEF OUTLINE OF GRACE GAWLER’S MILESTONES

1. 1975 – 1978 Sole carer of a critically ill cancer patient who survived against the odds.
2. Co- founded The Melbourne Cancer Support Group (1980) the first support groups for cancer patients in Australia. Co- Founded a not for profit charity to improve services to cancer patients –Victoria (1985)
3. Considered a pioneer in the field of supportive care, CAM and cancer.
4. Graduate of Dorothy Hall College at distinction level in a broad range of natural therapies. (1979-86) & Counselling & Sciences Qualifications obtained.
5. Four children born 1978 – 1984 – busy years!
6. Created gender specific support groups and residential courses for women with cancer and breast cancer – a first.
7. *Women of Silence* first book published 1994 reprinted UK 2003. Printed in Dutch. Best seller for its genre.
8. Invited member Ministerial Advisory Committee for Women’s Health Victorian Government. Representing Complementary medicine served from 1996 - 1999)
9. The Netherlands – Keynotes at conferences. Promotes & leads first residential programs for women with breast cancer in the Netherlands.
10. New Zealand – promotes and leads first residential programs for women with cancer & breast cancer – Auckland. Special celebratory welcome by the Maori community
11. In 1996 – founder Ellimatta Women’s Health - specific ‘safe’ practice for women with cancer.
12. Studies Psychotherapy in New York with famous therapist Dr Ilana Rubinfeld
13. Receives the inaugural Rotary International Jean Harris Award for services to Women’s Health (1998) –South Pacific Region
14. Regular media presentations Australia– National radio, television- Denise Channel 7, and popular print media interviews including The Bulletin, Who weekly, Women’s Weekly, Woman’s Day, Nature & Health etc...
15. 1997 – Undergoes a routine surgery with massive complications. Paralysed colon results –19 surgical procedures followed over 13 years
16. Grace undergoes experimental bionic surgery in The Netherlands (2002 -2003) – A WORLD FIRST for her condition which is successful. Necessitates living in Rotterdam and the UK for a year.
17. 2002-2003 Many BBC radio interviews throughout the UK including Libby Purves - BBC London with Alan Davies (4 million listeners).
18. Invited to editorial advisory board of The International journal “Complementary Therapies in Clinical Practice”
19. Published on Elsevier Science Direct Articles published The British Medical Associations “Holistic Health” Journal.
20. Works with London and Hereford Haven Trusts – KEYNOTE SPEAKER, workshop presenter, The Helen Rollason HEAL trust- Chelmsford ESSEX – KEYNOTE SPEAKER, workshops presenter, Bristol Cancer Help Centre (now the Penny Brohn Centre) KEYNOTES, workshops. Offered a position in Harley Street practice – but had to return to Australia.
21. RE located to Brisbane 2004 – founded The Australian College of Supportive Care Medicine (2005) and initiated MASTERCLASS – a “first” innovative course for health professionals – Training practitioners in Supportive Care Medicine.
22. Created company for promoting Wellness and encouraging people to find their innate spark with a **Key focus - Use lessons learned from illness to promote wellness.**

23. Member, writer and keynote speaker for Spa Asia and many other journals and presents Keynotes/workshops at major Health Summits, Introduces her wellness concept approach to the Global Spa Industry (Manila and Thailand)
24. To date (2015) worked with more than 16,000 patients worldwide during a 40-year career span.
25. Move to the Gold Coast 2009. 2010 – Established a registered not for profit health promotion charity - The Grace Gawler Institute for Integrated Cancer solutions at Paradise Point Qld –
26. Services have expanded and now patients are visiting the Paradise Point Practice at the Gold Coast from all around Australia and from New Zealand. Cancer patients are exploring diagnostics and cancer treatment options available on the Gold Coast. The Grace Gawler Institute is now playing a substantial role in Gold Coast cancer medical Tourism!

Public Media Brief

- Regular media presentations Australia– National radio, television- Denise channel 7, Paul Barry (mini documentary), and numerous popular print media interviews including The Bulletin, Who weekly, Women’s Weekly, Herald –Sun, Woman’s Day, Reader’s Digest, The Australian, Melbourne Age.
- UK Bristol Evening Post, Cancer Nursing Practice, Dawlish News, Irish Star, MacMillan Newsletter

Professional and Awards

1. **Currently on advisory board** of The International UK based journal “Complementary Therapies in Clinical Practice” Articles published The British Medical Associations “Holistic Health” Journal.
2. Patron for Reiki Australia
3. Recipient Rotary International Jean Harris Award for contributions to Women’s Health
4. National finalist Australia – Churchill Fellowship
5. 2011 Nominated for the AMA Award for excellence in Healthcare
6. 2013: Nominated for the Telstra Australia Business women’s award

Publications - Journals

7. Published on Elsevier Science Direct - Complementary Medicine and Breast Cancer BHMJ
8. Cancer Nursing Practice (UK) March 2003 Volume 2 Number 2 pp 7-8

9. September 20 2010 Published in Medical Journal of Australia MJA 2010; 193 (6): 371-373 'Cancer patients at risk from inaccurate clinical reporting in a high-profile alternative treatment story: comments and corrections'.
10. MJA article reviewed - comments in Australian Doctor *22 October 2010*

Radio

- More than 100 radio interviews over 3 decades - Throughout Australia ABC Radio – more than 30 interviews, New Zealand-Green Planet FM , UK. 2002-2003 Numerous BBC radio interviews throughout the UK including Libby Purves - BBC London (4 million listeners), BBC Somerset, Exeter, Essex, Bristol, Green Planet FM.

Publications - Books

- Based on gender specific support groups and residential courses for women with cancer and breast cancer – a first.

First book published 1994 “Women of Silence- the emotional healing of breast cancer” reprinted UK 2003. Also printed in Dutch - Best seller for its genre. Still a best seller - Now available in *eBook format*

Reprinted UK 2003 (self published) Grace has donated many of these for sale through other UK charities.

A Helping Hand – a 30 page handbook for cancer patients who want to look at practical, effective strategies without stressful changes in diet or life (self published)

Grace, Grit and Gratitude – Graces’ memoir Published Australia October 2008 in hard copy World distribution eBook

Survivors Secrets: Strategies for women facing life-challenging Illness (2012)